

# Phosphodiesterase 3B (PDE3B) a potent target in vascular disease: a comparative study with Cyp system and phosphodiesterase 3A(PDE3A)

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**Abstract:** Cilostazol is a potent phosphodiesterase 3 inhibitor. A computational study was carried out with the aim of optimizing its pharmacokinetic properties. A series of congeneric compounds was computationally generated. Series construction was based on computational and experimental data regarding Cilostazol interaction with the target molecule and some Cilostazol effect enhancers (enzyme inhibitors). Results show a selective inhibition of PDE3A by Cilostazol and suggest that, by inhibiting PDE3B, a same therapeutic effect should be obtained.

**Key words:** Cilostazol, phosphodiesterase 3 inhibitor, CYP3A4, CYP2C19.

## 1. Introduction

Peripheral arterial disease (PAD) [1] is an increasingly spreading problem. Peripheral vasodilatation together with platelet anti-aggregation plays an important role in PAD therapy. Vasodilatation is a dose dependent on Cilostazol active metabolite which determines an increase level of cyclic adenosine monophosphate (cAMP)[2-4].

## 2. Methods

Structural PDB models for phosphodiesterase 3 isoforms A and B were computed using homology modeling having as template UniProt sequences Q14432 [5] and Q13370 [6]. The resulted structures were optimized using Schrodinger software package. In order to explore interactions with cytochrome P450, PDB models of CYP3A4 and CYP2C19 were imported from RCSB data base. Congeneric compounds for Cilostazol were computed in silico. Structures were optimized and stored in sdf format. Binding sites were computed using Schrodinger software. All binding sites were explored.

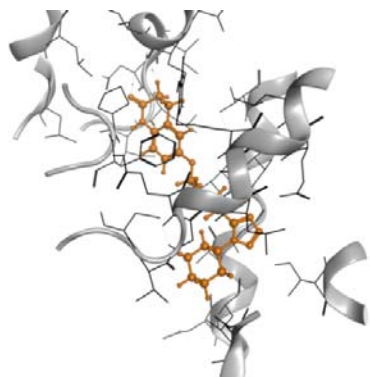
For PDE3A and PDE3B, 5 complexes with Cilostazol were retained. All PDE3-cilostazol complexes were energetically minimized using MMFF94 force field and protonated. For each complex, several descriptors were computed. A comparison between free Cilostazol poses energy and bound complex PDE3-Cilostazol was performed.

## 3. Results

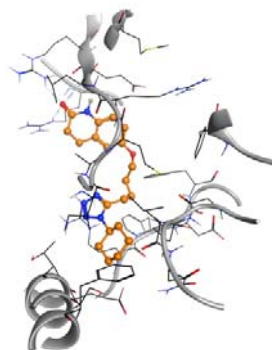
Binding sites for PDE 3A and 3 B, are shown in supplemental materials. Cilostazol interaction with Cyp and PDE3 is shown in Table 1. Cilostazol interacts with Cyp 2C19:Thr 302 to form hydrogen bonds. It has steric interactions with Ile 178, Gly 437, Ala 441, Leu 294, Thr 302, Glu 444, Pro 427,

Gln 356, Leu 361, Asp 360. Total energy -332.14 kcal/mol. Cilostazol interaction with Cyp 3a4 : Cilostazol interact with Arg 212, Arg 375, Glu 374 to form hydrogen bonds and interacts sterically with Arg 372 and Glu 374. Cilostazol interaction with PD3A: hydrogen bonds with Asp 909 is observed together with a steric interaction with Ile 902. Cilostazol in complex with PDE3B: hydrogen bonds with Tyr 736, Glu 851 and Asp 894 are formed. Steric interactions with Asn 830 and Asp 894 are observed. Best poses for PDE3 A and B are shown in Table 2 together with the corresponding energies.

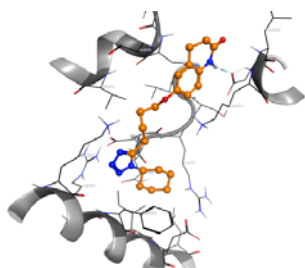
**Table 1** Cilostazol interaction with Cyp and PDE 3



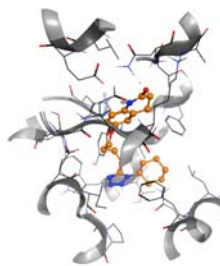
Cyp 2C19; Total energy -331.530kcal/mol



Cyp 3A4; Total energy -130.672 kcal/mol

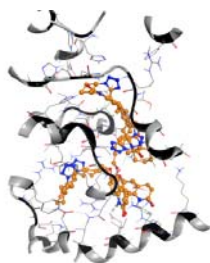


PDE3 A

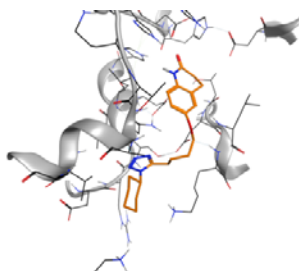


PDE3 B

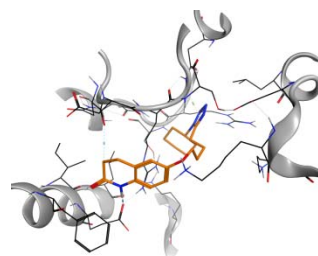
**Table 2** Cilostazol in complex with PDE3 A



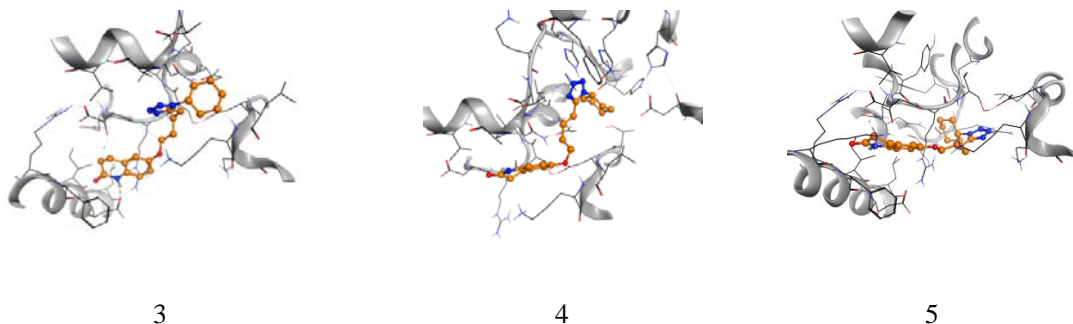
All poses



1



2

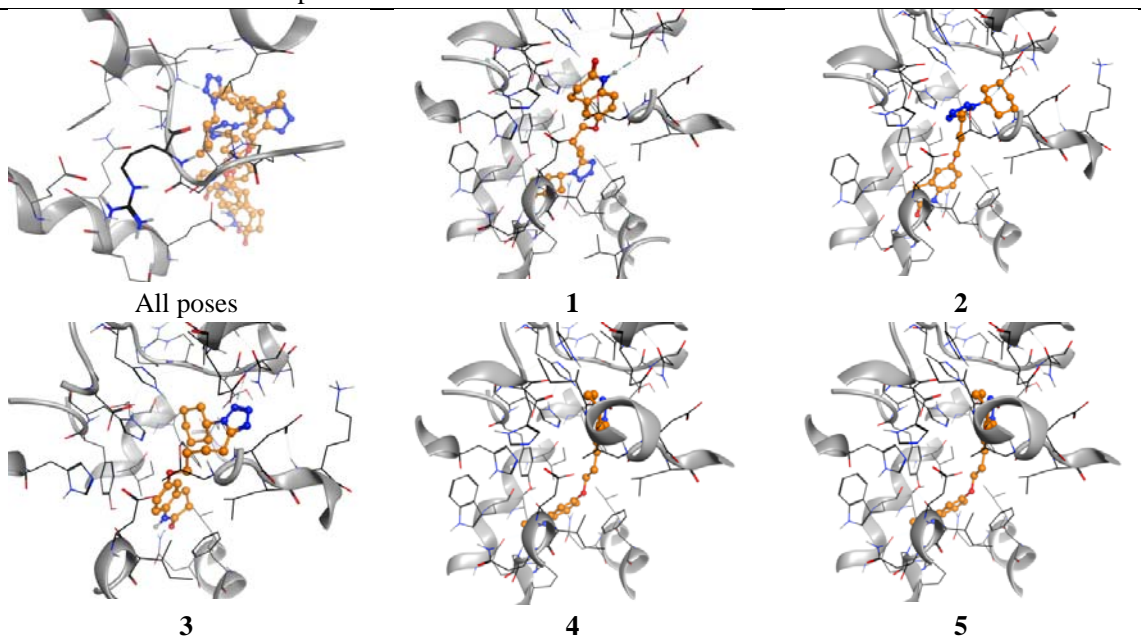


Binding energies for PDE3 A are shown in Table 3

**Table 3** Binding energies for the complex PDE3 A : Cilostazol (kcal/mol)

Pose	Total energy	Steric energy	Hydrogen bond	Steric energy
1	-267.731	-273.090	-9.960	7.423
2	-276.392	-266.911	-26.594	10.947
3	-274.415	-282.814	-8.811	11.217
4	-265.916	-278.104	-10.385	13.564
5	-265.450	-273.674	-13.728	12.631

**Table 4** Cilostazol in complex with PDE3 B



Binding energies for PDE3B are shown in Table 5 (kcal/mol).

**Table 5** binding energies for PDE3B Cilostazole

Pose	Total energy	Steric energy	Hydrogen bound	Steric energy
1	-146.301	-159.207	-5.673	9.077
2	-146.455	-150416	-7.926	10.687
3	-140.216	-141.297	-6.114	0.508
4	-136.830	-147.893	-7.918	14.200
5	-133.830	-154.650	-4.212	9.242

Descriptors for Cilostazol PDE3 complexes with isoforms A and B are shown in Table 6. For both isoforms, the descriptors present the same values.

**Table 6** Cilostazol:PDE3 complexes, computed descriptors. Density-density, bpol-difference of bounded atoms polarizabilities, E-potential energy, Etor-torsion energy, ASA-water accessible surface area, Glob –globularity, nmol-number of molecules, vsurfR –surface rugosity, Eele-electrostatic energy, Eopp –out of plane energy, Evdw-van der Waals energy, CP-critical packing parameter, Enb-nonbonded energy, Flex-flexibility, Mr-molecular polarizability.

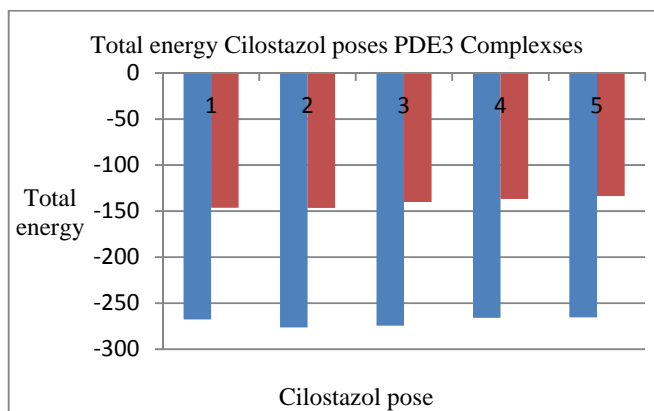
Pose	E ele	E oop	Evdw	CP	Enb
1	1709838.500	0.7145	9.6879	0.0072	9.6897
	0				
2	1657740.625	1.2200	9.6720	0.0070	9.6737
	0				
3	1656791.875	0.9995	9.6787	0.0069	9.6803
	0				
4	1758579.375	1.1742	9.6913	0.0064	9.6930
	0				
5	1616807.625	1.3415	9.6673	0.0071	9.6689
	0				

Pos	Densit	bpol	E	Etor	ASA	Glob	nmol	Flex	mr	vsurf
e	y									R
1	0.593	38118.77	9.689	69.964	79315.95	0.244	1855	2.707	8757.915	2.826
	4	34	7	9	31	6	0	5	8	3
2	0.538	38133.55	9.673	5.9509	79396.92	0.244	1863	3.016	8775.874	2.822
	7	47	7		19	6	8	6	8	7
3	0.539	38091.25	9.680	35.093	79426.48	0.244	1854	2.419	8757.096	2.858
	5	78	3	1	44	7	8	4	7	3
4	0.539	38048.98	9.693	74.021	79395.46	0.244	1849	2.294	8747.109	2.838
	8	83	0	8	09	6	5	0	4	1
5	0.538	38168.86	9.668	11.890	79378.45	0.244	1865	2.865	8779.119	2.819
	0	72	9	5	31	7	5	6	1	5

#### 4. Discussion

As shown in the presented results, according to total complex energies, (computationally) PDE3A seems to form with Cilostazol more energetically favorable compounds than PDE3B (Figure 1).



**Figure 1** Cilostazol PDE3 complexes total energy (PDE3A in blue, PDE3B in red).

These findings conclude with the experimental findings, cilostazol being cited as a PDE3A inhibitor by FDA.

However, when computing PDE3A and PDE3B complexes with cilostazol, same values for descriptors were obtained. Judging by cilostazol mechanism of action [7] only the external surface of the PDE3A cilostazol complex is important in the interaction with cAMP. These findings suggest that isoenzyme PDE3B is capable of producing the same effects as PDE3A when a proper specific inhibitor interacts with it [8-9].

Computational results are explained by the fact that the docking procedure compensate for the energetic need in the complex forming and by that allows the same protein surface changes like in PDE3A to occur.

Cilostazol computationally has a high affinity for Cyp 2C19 rather than Cyp 3A4. However, these two enzymes metabolize cilostazol efficiently. In some studies, by inhibiting Cyp, cilostazol concentration increases by around 50%. [10].

## 5. Conclusion

Cilostazol is a potent PDE3A inhibitor. Cyp 2c19 plays a major role in cilostazol metabolism. PDE3B is a valuable target with potentially identical effect like PDE3A.

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